

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: HMS 142

Credits: 3

Course Title: Group Dynamics II

Course Description: Examines group dynamics, group leadership, group cohesion, transference, and group helping through experiential involvement in group facilitating and leadership. Increases group skills through active classroom participation in group experiences. Prerequisite: HMS 141. Lecture 3 hours per week.

General Course Purpose: This course can be used to satisfy the requirements of the Human Services AAS degree by the college. In addition to human service majors, this course offers students in other disciplines an opportunity to explore and learn about the development, process, and dynamics of therapeutic groups.

Course Prerequisites and Co-requisites:

Prerequisite: HMS 141

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Classify theories of counseling;
- b. Recognize the common techniques and strategies of counseling;
- c. Identify the purpose, roles, and values/ethics related to the clinical interview;
- d. Demonstrate the ability to develop and facilitate groups; and
- e. Recognize the diverse cultures within the dynamics of group counseling.

Major Topics to Be Included:

- a. Types of Groups
- b. Effective Group Leadership
- c. The Working Stage of a Group
- d. Ethics and Professional Values in Group Counseling

Date Created/Updated (Month, Day, Year): January 31, 2019